



**The Canadian Society of
Biochemistry, Molecular
& Cellular Biology**

**La Société Canadienne de
Biochimie, et de Biologie
Moléculaire & Cellulaire**

Grass roots letter writing makes a difference!

The CSBMCB has a considerable advocacy and science policy agenda that includes informing on and promoting the science of our membership to decision makers in Ottawa. Canadian biochemists, molecular and cell biologists carry out extraordinary research and education in the life sciences. Those activities impact directly on health care and the economic wellbeing of Canadians.

Grass roots letter writing is perhaps the single most important tool in advocacy. It reminds politicians of the importance of the work of life scientists in their home ridings and they will take that message to parliament. We urge you therefore to write your local MP. Below are some points to consider in writing a letter regarding government-sponsored research:

- Briefly describe your research project (grant) in lay language
- Explain the impact of the work on the health of Canadians
- Describe innovation and its (potential) impact on the economy
- Highlight employment made possible by your grant
- Relay the importance of the grant to training young scientists
- Describe, with tact, how more funding would increase the impact
- Remember to communicate your excitement about the work

No stamp is required to mail a letter to your MP! Address:

MP name
House of Commons
Ottawa, Ontario
K1A 0A6

Not sure who your MP is? Check: http://canada.gc.ca/directories/direct_e.html